



## California Triple Crown Rider History



Rider Name: EMMANUEL (EMIL), JR. FRIAS

CITY, STATE: ROWLAND HEIGHTS, CA

Age as of today: 59

Gender: M

PRIMARY CLUB: ADOBO VELO

SECOND CLUB: INTEGRITY RIDERZ

Third CLUB: WEEK DAY CYCLING

FIRST CTC DOUBLE: 2014 JT

FIRST CTC WINNER DOUBLE: 2014 HM

FIRST CTC GOLD WINNER DOUBLE: 2014 WM