# California Triple Crown
# Rider History

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|---|---|
| Rider Name: | JOHN SEMAS |
| CITY, STATE: | HANFORD, CA |
| Age as of today: | 74 |
| Gender: | M |
| PRIMARY CLUB: | FRESNO CYCLING CLUB |
| FIRST CTC DOUBLE: | 2008 BL |
| FIRST CTC WINNER DOUBLE: | |